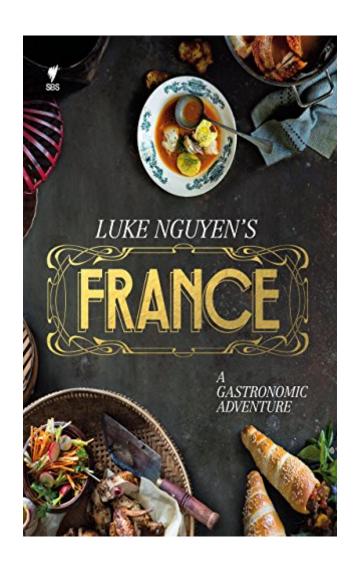
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Luke Nguyen's France: A Gastromonic Adventure





Synopsis

Join Luke Nguyen as he travels the length and breadth of the French culinary landscape to discover its food, culture and people. From boulangerie-filled boulevards in Paris to rolling fields and grand châteaus in the Loire Valley, Luke Nguyenâ ™s France takes you on a gastronomic tour through the very heart and soul of French cooking. Luke embarks on a personal journey to learn the secrets of classic French dishes and how these recipes have influenced Vietnamese cuisine. Along the way, he catches up with long-distance relatives and meets locals who (if heâ ™s lucky) disclose decades-old secret family recipes. In return, Luke shares his knowledge of Vietnamese cooking and adds his own unique flourishes to some of these classic dishes. Filled with beautiful food and landscape photography, Luke Nguyenâ ™s France is the ultimate companion to French cuisine and beyond.Luke Nguyen is one of Australiaâ ™s best loved chefs. He is the owner of Sydneyâ ™s acclaimed Red Lantern restaurants, and is a regular presenter on SBS where his television shows have taken him all over the world. His recent series, Luke Nguyenâ ™s France, is the companion TV show to this book. Luke is also the author of five previous cookbooks: Secrets of the Red Lantern, Indochine, The Songs of Sapa, China to Vietnam and The Food of Vietnam, the ultimate companion to authentic Vietnamese cooking. Luke currently splits his time between Australia and Vietnam, where he has recently opened his own cooking school â " Grain â " in Ho Chi Minh City.

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Customer Reviews

Great cook book... really a lot of information.

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